

# Dance Theatre of Ireland April Special Workshops

One-off workshops—Open to all

Renew yourself  
with Dance this  
Spring



## Hip Hop Beyoncé — the one & only! Guest teacher

**Sandro's Back!** Our wonderful guest teacher—so popular last year—**Sandro Franchini (UK/ Italy)**, who teaches **Beyoncé choreography** like no one else. Learn excerpts from who “Run the World (Girls)” and **Formation**. Sandro has performed in Beyoncé’s “I AM” World Tour and toured with **TAKE THAT** & other groups. **All levels welcome.**

**Wednesday March 28<sup>th</sup> 6:45-8:15pm €20 (or €35 for both Hip Hop classes)**



## Hip Hop — Retro 90s

Old Skool Fresh Prince moves are back! It's all the rage and for good reason. Learn the fundamentals of Hip Hop, to great music from the very inspiring **Rachel Sheil**, who carries an Associate Diploma in Performing Arts to teach Breaking, Locking and Old School Hip-Hop.

**Monday April 9<sup>th</sup> 8:15-9:45pm €20 (or €35 for both Hip Hop classes)**



## Paquita Ballet Workshop

Learn the *pas de trois* variation and wonderful dance vocabulary from **Paquita**, one of the most exciting and stylish showpieces in classical repertoire. The story takes place in Spain and the heroine is a Spanish gypsy girl. With the amazing **Karen Wignall**.

**Wednesday April 4<sup>th</sup> 6:45-8:15pm €20 (or €35 for both Ballet classes)**



## Balanchine Ballet Workshop — Gershwin

Learn excerpts from George Balanchine's amazing Neo-Classical ballet masterpiece **Who Cares?** George Gershwin's radiant melodies serve as the basis for syncopated group dances and duets made famous by the New York City Ballet. With the delightful **Shauna Coffey**.

**Monday April 9<sup>th</sup> 6:45-8:15pm €20 (or €35 for both Ballet classes)**



## West Coast Swing — Dua Lipa **IDGAF**

Dance to the **Dua Lipa** hit **IDGAF**, learning a simple choreography in the smooth partnering style of *West Coast Swing* —very usable moves for your next night on the dance floor. Taught by the joyful **Lana Mayra**. Partner or not, come and have a BALL! Wear comfortable shoes, no high heels.

**Tuesday April 3<sup>rd</sup> 6:45-8:15pm €20**



## Salsa Night!

Salsa dancing, with it's origin in Cuba, the meeting point of Spanish and African cultures, is a wonderful dance style — a global phenomenon. If you are looking for a fun evening full of movement and joy, join the wonderful **Paula Donnelly**. The workshop includes 20 minutes of social dancing towards the end. **Tuesday April 10<sup>th</sup> 6:45-8:15pm €20**



## Dance'N'Barre Fitness — Morning Class

Dance'N'Barre fitness is a dancierly workout which moves to music and uses isometric dance exercises performed at the barre. Emphasis is on alignment, posture, and core engagement, all while moving to great music. Taught by the vivacious **Cayisha Graham**.

**Tuesday April 10<sup>th</sup> 10 - 11am €15**



## Well-Dance for Seniors — Morning Class

It's never too late in life to dance! This popular modern class guides you through a series of simple creative dance steps to fantastic music, improving balance, fluidity & flexibility. HUGELY FUN. Taught by the inspiring DTI Artistic Directors **Robert Connor** and **Loretta Yurick**.

**Wednesday April 11<sup>th</sup> 11am-12:30pm €15 per class**

